

Risk ID	Hazard and Risk Description	Controls In Place	Impact	Likelihood	Severity	Further Actions	Related Procedures for Fleet Cycling
1	Virus transmission to High Risk individuals	All Covid-19 High Risk category riders must be aware of and review the government guidance for high risk individuals at https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19 , and make their own decisions about when, where and with whom they ride.	3 - Major	1 - Rare	3		"Coronavirus High-Risk or Self-Isolating?" on https://www.fleetcycling.org.uk/about-rides/post-lockdown-rides/
2	Virus transmission from likely-affected individuals	If a Rider should be self isolating they must not join a group ride. See https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance	3 - Major	1 - Rare	3		"Coronavirus High-Risk or Self-Isolating?" on https://www.fleetcycling.org.uk/about-rides/post-lockdown-rides/
3	Virus transmission during bike repairs	Riders should maintain one-metre social distancing during repairs - if necessary move bike away from others to maintain separation. Riders should ensure that they are carrying enough equipment (e.g., tube, tyre levers, pump) to be largely self-sufficient. If it is necessary for other riders, not in the same household, to assist with repairs, then they should clean surfaces and hands appropriately , e.g., with hand wipes or hand sanitiser. (hence riders and leaders should bring hand wipes or hand sanitiser on rides)	3 - Major	1 - Rare	3		"Before and during the ride" on https://www.fleetcycling.org.uk/about-rides/post-lockdown-rides/
4	Virus transmission from asymptomatic riders during ride starts, breaks or finishes	Riders must maintain social distancing of at least one metre at all times before the start of a ride, when the ride begins, during any break in the ride and when it ends. Riders must adhere to government guidelines at cafe and pub stops. Riders should bring face coverings in case they are required at cafes or other break venues. Riders should be prepared to move to a spaced single file formation when road conditions require it. Riders should practice good hygiene including moving to the back of the bunch to clear their throat or to blow their nose. Riders should not share food or drink and should avoid contact with another rider's bike or equipment. Riders should consider wearing a face covering to limit the transmission of airborne particles. Group sizes must not exceed those in government guidelines for outdoor exercising. We will therefore operate an advance booking system, which will also provide us with a record of names if it should be needed for contact tracing afterwards. Groups should ride different routes and leave at least 5 minutes between each group leaving.	3 - Major	2 - Possible	6		"Before and during the ride" on https://www.fleetcycling.org.uk/about-rides/post-lockdown-rides/ "Booking your ride" on https://www.fleetcycling.org.uk/about-rides/post-lockdown-rides/
5	Virus transmission during first aid	Ride leaders and first aiders must be made aware of St John's Ambulance Covid-19 advice for first aiders , at https://www.sja.org.uk/get-advice/first-aid-advice/covid-19-advice-for-first-aiders/ Wherever possible, first aid should only be carried out by qualified first aiders.	3 - Major	1 - Rare	3		"Before and during the ride" and "Instructions for Leaders" on https://www.fleetcycling.org.uk/about-rides/post-lockdown-rides/